

SomnoMed MAS™ Laminate

Cleaning & Storage Instructions

Your Laminate appliance is identified by a flexible, rubbery surface on the inside (tooth side) of each plate and the absence of metal clasps for retention.

To clean your Laminate appliance we recommend lightly brushing with a *soft* brush in soapy water. Ordinary bathroom soap will do. Then rinse well in cold water.

After cleaning, the splints should be dried thoroughly.

The reason for recommending ordinary soap to clean your appliance is because the alternatives are unsatisfactory:

- (i) Tooth paste contains abrasive particles and should not be used, as it will take the sheen off your appliance.
- (ii) Denture cleaning solutions, mouthwash, or other fluids containing alcohol, should NOT be used as they will affect the bond between the laminate (soft) and acrylic (hard) material. If a solution containing alcohol has inadvertently been used, leave the splints to dry for at least two hours in order to let the alcohol evaporate.

If the splint produces a faint odour, use dishwashing liquid to make a solution 10 times more concentrated than you would for cleaning dishes. Place the appliance in the solution for one hour, then rinse thoroughly and dry. This should kill any germs and take away the smell. To prevent a recurrence, always ensure your appliance is stored in a dry condition.

Over time you may find that the soft laminate material discolours. This is because it takes in humidity. The yellow/brown discolouration is not harmful.

For more information: www.somnomed.com.au or call 13 1945